

## What are the risks?



As with any invasive procedure, joint injections can carry some risks. Your vet will discuss these risks with you, before any treatment:

- **Infection**
- **Laminitis (after a corticosteroid injection)**
- **Flare reaction**

## When to call your vet:

**It's really important to monitor your horse carefully after its procedure.**

If you notice any of the following symptoms, please call your vet.

- **Lameness**
- **Heat in the feet**
- **Increased digital pulse**
- **Unwillingness to move**
- **Heat or swelling around the joint**

## Get in touch

For more information, or to get in touch with your vet, please call our clinic on **01642 723132**.



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**A GUIDE TO:  
JOINT  
INJECTIONS**

[www.hambleton-equine.co.uk](http://www.hambleton-equine.co.uk)

# JOINT INJECTIONS

A joint injection is a routine procedure that we use to diagnose and treat problems in horses.



Although common, **joint injections can carry some risks** - that's why it's important to discuss these with your vet and closely monitor your horse afterwards.

## Why we inject into joints

- To anaesthetise a joint when investigating lameness
- To treat a joint with medication
- To take a sample of fluid from a joint for diagnosis

## What's involved?



To prepare your horse, we may clip the hair around the injection site and gently scrub the skin to ensure a sterile environment. Then, under aseptic conditions, we carefully inject into the joint.

**It is likely that we will need to use sedation but will only do so if necessary.**

## How to manage your horse after its joint injection



**Your horse should be able to return to its usual routine after 24 hours.**

If we've injected medication into the joint, we recommend your horse stands on box rest for 24 hours - followed by 48 hours of controlled exercise

which may include turnout in a small paddock. The horse can then be returned to a normal regime.

**Sometimes we recommend a slightly different exercise programme, depending on the problem being treated.**

